

Table 1

DEVELOPMENTAL REFLEXES

Reflex	Age of Normal Appearance And Disappearance	Appropriate Developmentally Associated Functions
First Stage Developmental Reflexes		
1. Flexor Withdrawal	Birth to two months	1. Sucking
2. Extensor Thrust		2. Blowing
3. Crossed Extension (1)		3. Yelling
4. Crossed Extension (2)		4. Tongue thrust inhibition (nuk sauger nipple and/or pressure on the tongue from distal end to the proximal base of the tongue)
		5. Tongue control exercises (sticking tongue out and lateral motion of the tongue in and out of the mouth)
Second Stage Developmental Reflexes		
5. Tonic Labyrinthine Supine	Birth to four months	1. Lift head from prone and and maintain position
6. Tonic Labyrinthine Supine		2. Supports self on forearms
7. Positive Supporting Reaction		3. Chewing
8. Negative Supporting Reaction		
9. Asymmetrical Tonic Neck	One to four months	
Third Stage Developmental Reflexes		
10. Tonic Lumbar	Four to six months	1. Rolling supine to prone toward the involved side

Fourth Stage Developmental Reflexes

11. Symmetrical Tonic Neck (1) Six to eight months

12. Symmetrical Tonic Neck (2) Six to eight months

1. Prone to lying with hyperextension of entire spine
2. Creeping reciprocally
3. Prone resting on elbows
4. Crawling
5. Supports self on extended elbows

Fifth Stage Developmental Reflexes

13. Contralateral Associative Reactions

14. Homolateral Associative

1. Hands and knees standing
2. Creeping reciprocally
3. Kneeling while maintaining balance
4. Walking sideways with hand support
5. Standing and maintaining balance against intermittent resistance